

PLEASE READ:

In order to keep everyone safe during these “Covid-19” times:

- Please **wash your hands** upon entering the building
- **Bring your own mask** if possible, and wear it during clinic examinations
- A limited number of **masks are available** on the waiting room table if you don't have one
- Maintain **2 meter distance** with others in the waiting room
- Wear your mask if possible if others are present in the waiting room
- Use the outdoor waiting area if you are comfortable there
- **Please call ahead** for appointment when possible
- Ask for an outdoor consultation if desired, or if you can't wear a mask
- **Do not come to the clinic if you have fever, cough, sore throat, or shortness of breath** - call 811, or call Dianne for advice
- I do not have the capacity to test for Covid-19 at the JFC.
- **Cleaning** of all equipment/surface areas will be done between each patient.

Dianne's cell: **250-240-5712**

JFC (during clinic hours): **250-333-8891**